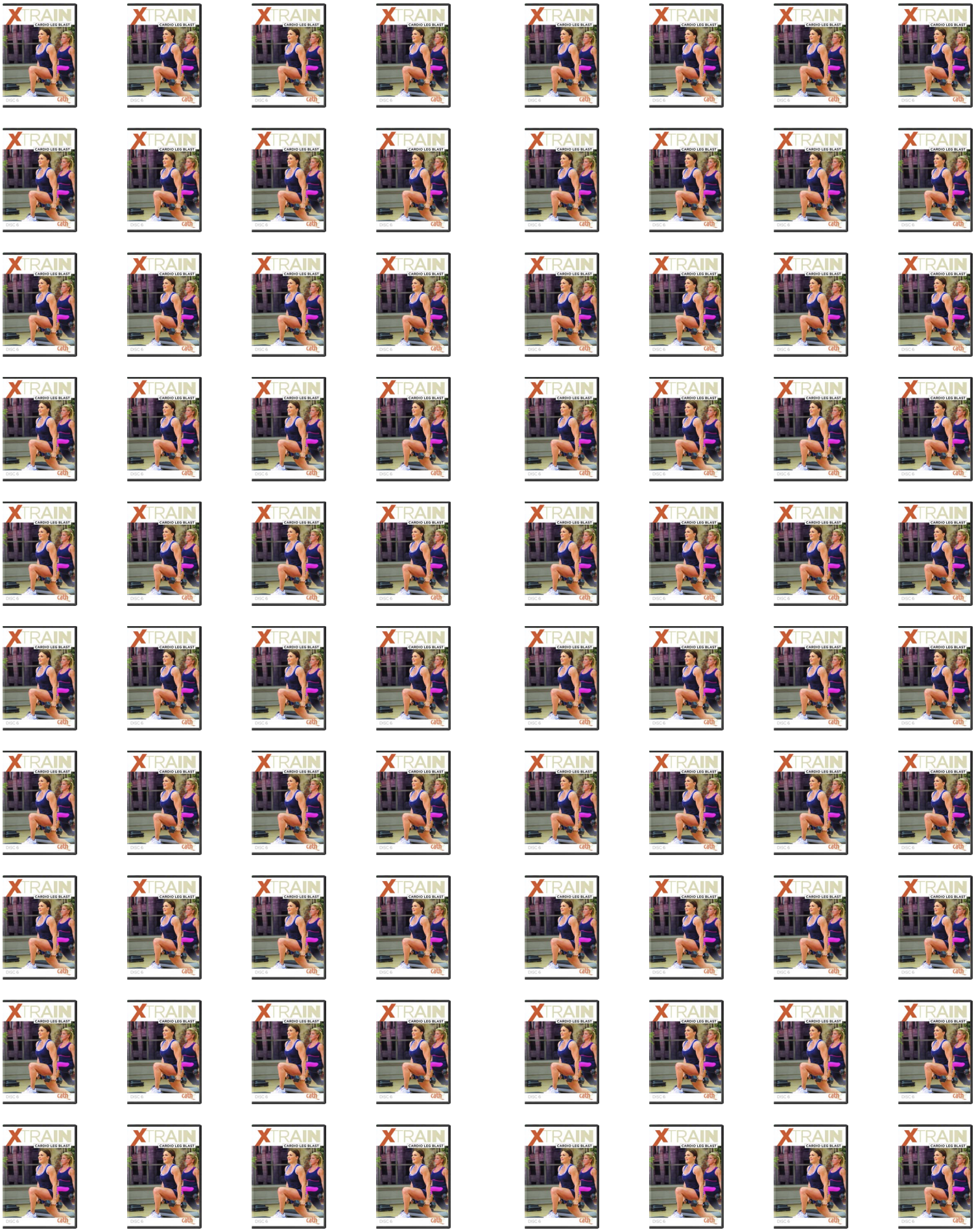
XTRAIN
CARDIO LEG BLAST
DISC 6
cathe