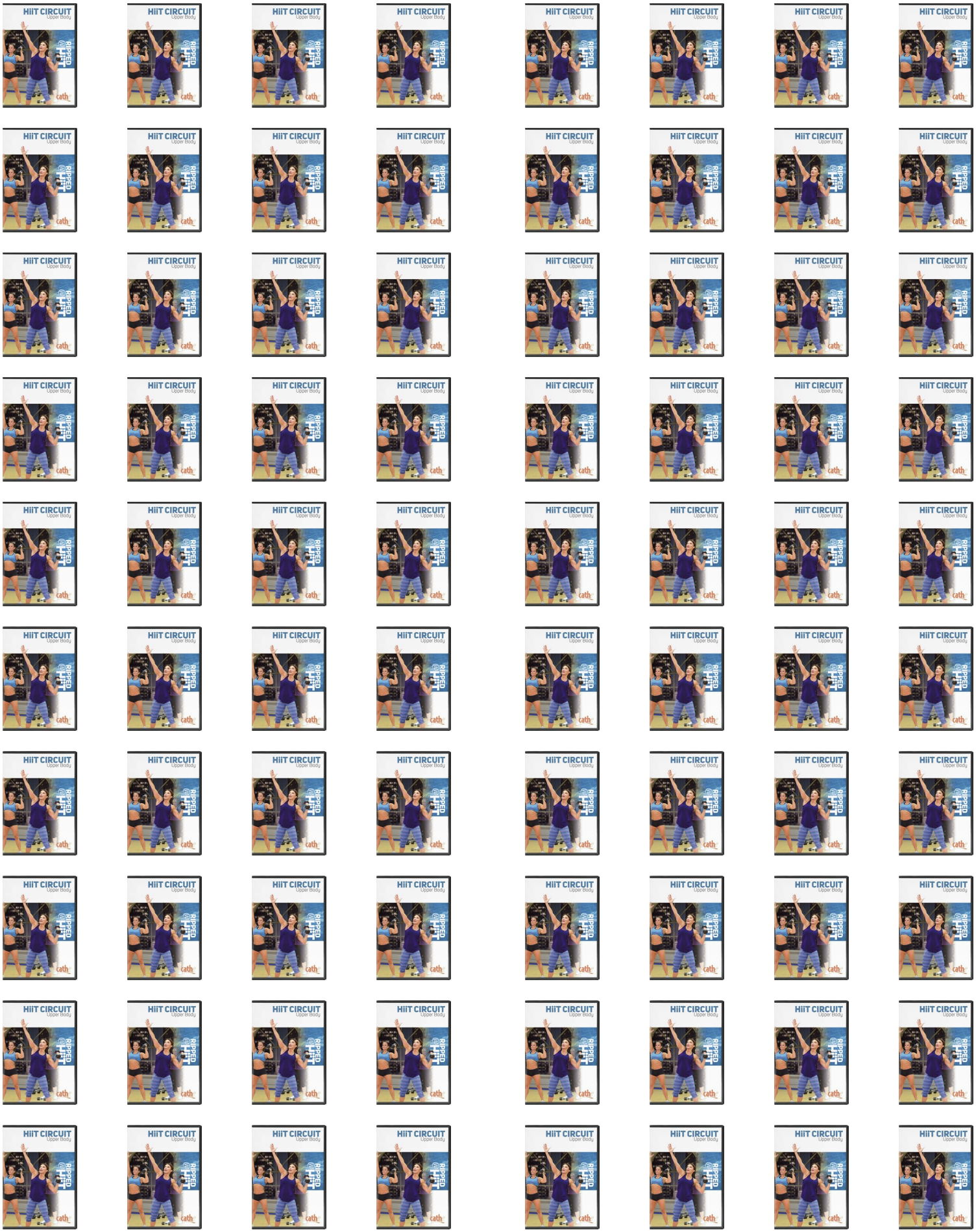
HiiT CIRCUIT
Upper Body
RIPPED IN HIIT
cath