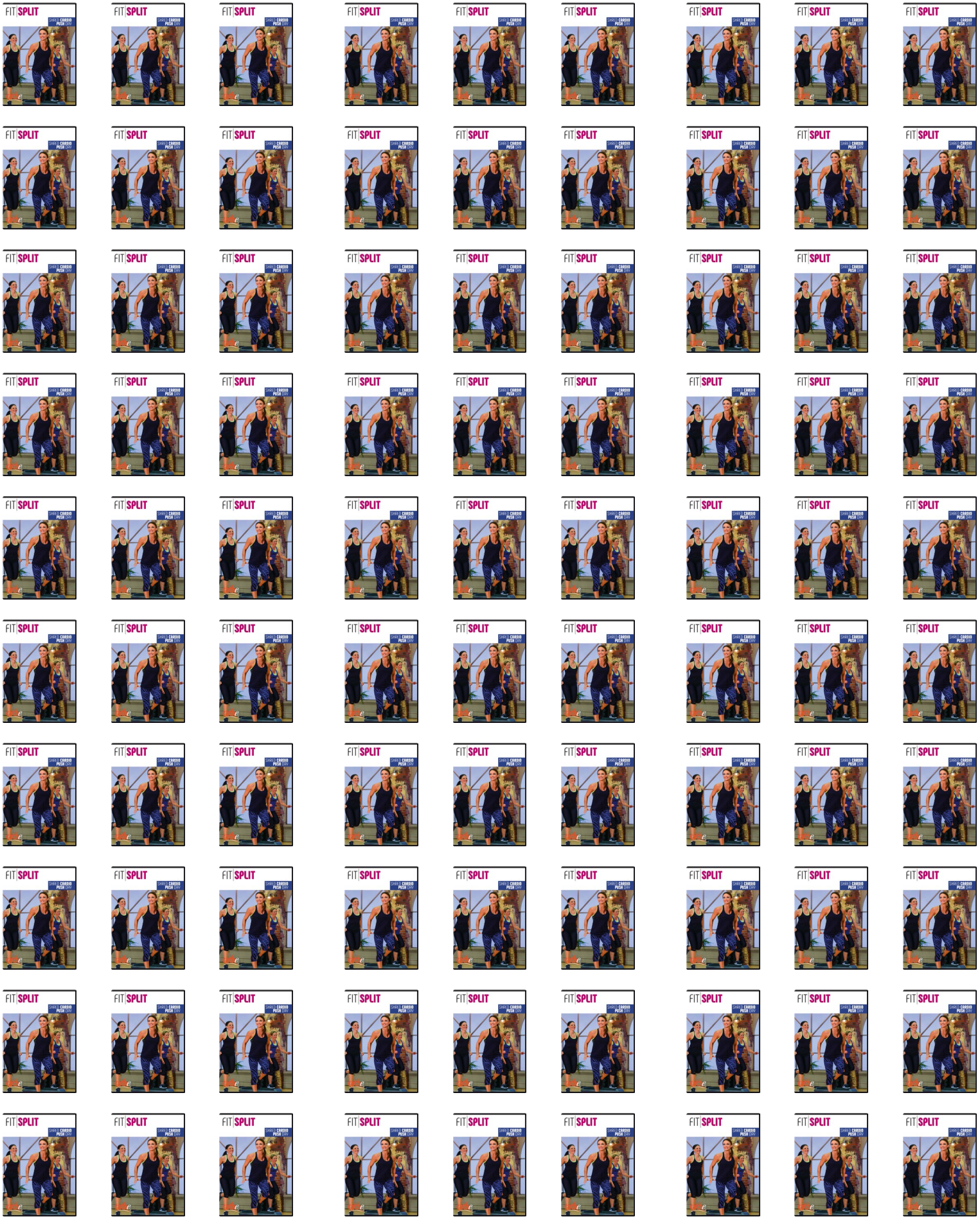
FIT SPLIT
SHAPE CARDIO
PUSH UPP