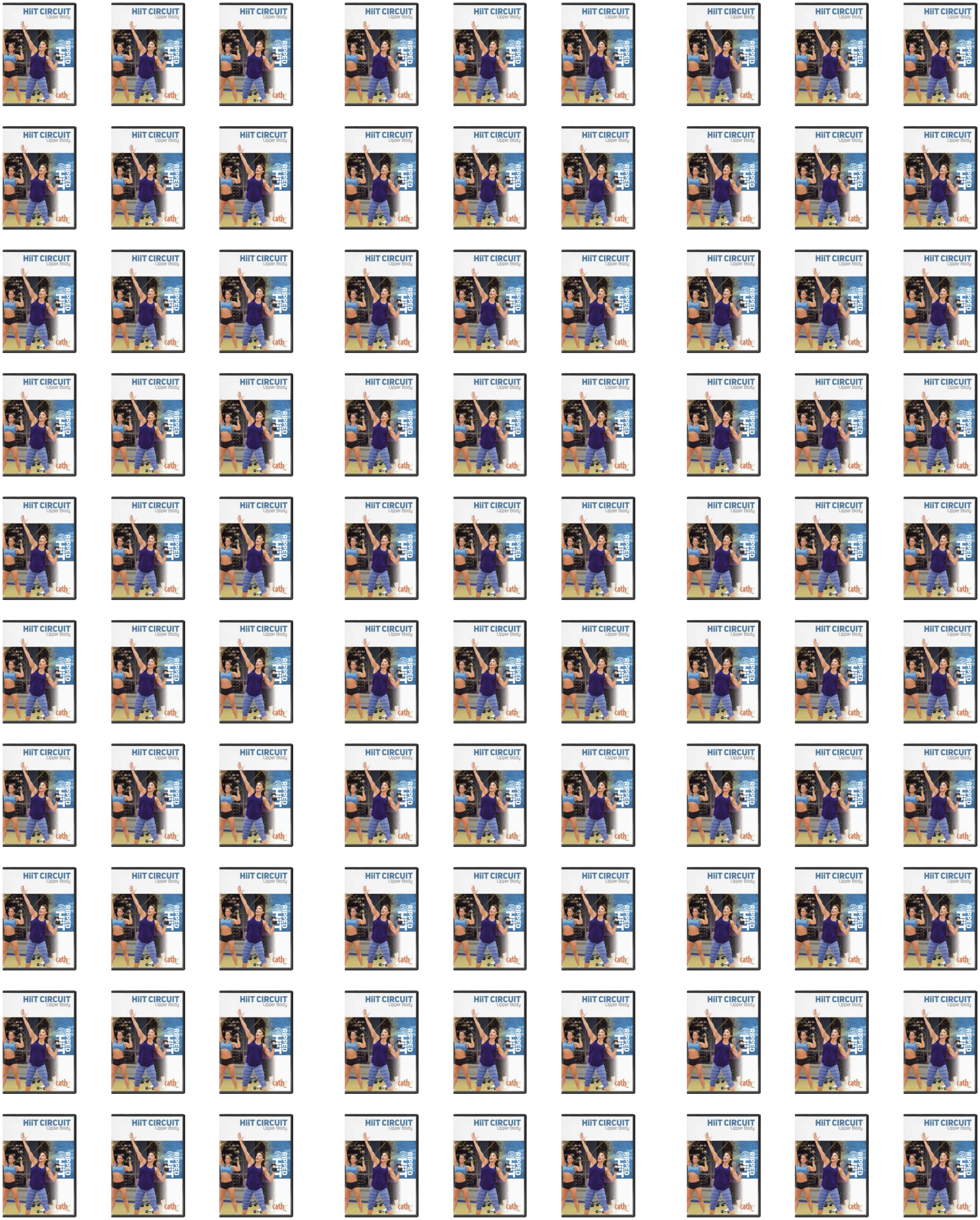
HiiT CIRCUIT
Upper Body
RIPPED
cath