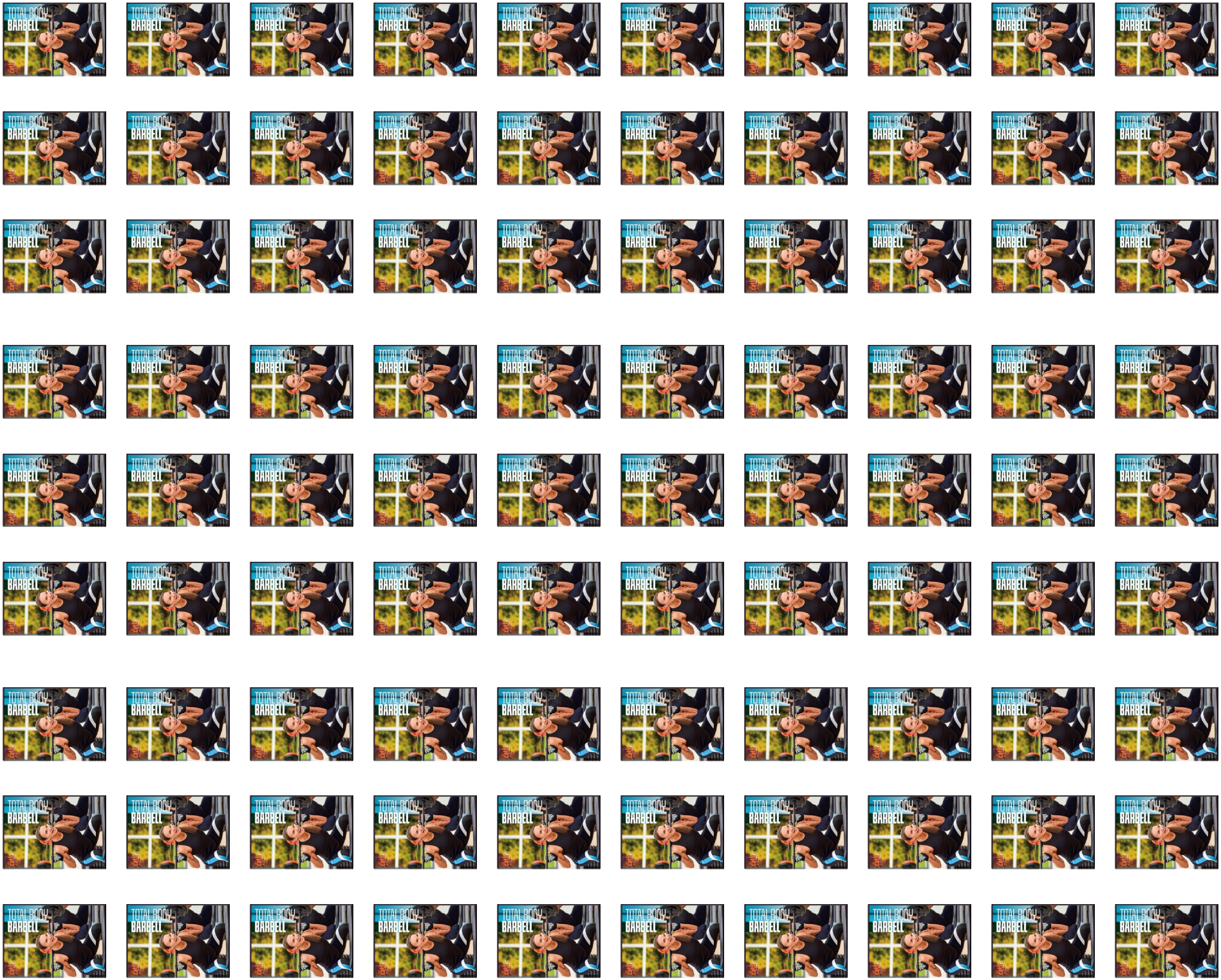
TOTAL BODY
BARBELL